

STAY SAFE

If you take drugs and drive your chances of having a crash increase.

If you take a drug in combination with alcohol or other drugs, your chances of having a crash are even greater.

Remember

1. If it is not safe to drive, stay the night.
2. Before you go out, nominate someone in your group to take the responsibility to ensure everyone gets home safely.
3. Make sure you always have money to catch a taxi/bus/train home.
4. Keep a phone card on you at all times just in case you get stuck without any money and need to be picked up.
5. Don't take drugs and drive.

In Western Australia, it is against the law for anyone to drive under the influence of psychoactive drugs. A psychoactive drug is a drug that affects the mind or behaviour and because of this can impact on driving ability.

WANT MORE INFORMATION OR A BOOKLET ON DRUGS AND DRIVING

Call the Alcohol and Drug Information Service (ADIS).

Telephone (08) 9442 5000

**Toll-free 1800 198 024
(country callers)**

Website www.drugaware.com.au

ADIS is a confidential 24-hour telephone service providing up-to-date information and counselling about alcohol and other drug use.



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Drugs and driving don't mix.



DRUG AND EFFECTS	EFFECT ON DRIVING ABILITY	EFFECTS OF POLYDRUG USE ON DRIVING ABILITY
<p>STIMULANTS: amphetamines, dexamphetamine, cocaine and ecstasy, which also has hallucinogenic properties.</p> <p>EFFECTS: stimulates the nervous system, increasing heart rate, blood pressure and body temperature, causing exaggerated confidence and energy.</p>	<p>Effect on the driver:</p> <ul style="list-style-type: none"> • gives the driver false confidence • increases risk-taking behaviour • does not necessarily increase driving ability or driver's coordination • can increase the risk of having a crash 	<p>Important facts on mixing drugs including alcohol and driving:</p> <ul style="list-style-type: none"> • Remember that there is a greater chance of harm if more than one drug, including alcohol, is used at the same time. This is especially the case when drugs of unknown content and purity are combined.
<p>DEPRESSANT: alcohol, benzos, tranqs, heroin and cannabis, which also has hallucinogenic properties.</p> <p>EFFECTS: affects the body's central nervous system by slowing down the activity of certain chemicals in the brain. This slows down the whole body, including breathing and heart rate.</p>	<p>Effect on the driver:</p> <ul style="list-style-type: none"> • slows the driver's reaction time • distorts driver's perceptions • decreases ability to coordinate appropriate reaction when driving 	<ul style="list-style-type: none"> • Stimulants and depressants have a dangerous masking effect on each other. For example, if someone has taken a drug like speed and has also been drinking alcohol they may not feel at all intoxicated, when in actual fact they could be way over the alcohol driving limit. • Stimulants when combined with other stimulants greatly increases false confidence and risk-taking behaviour.
<p>HALLUCINOGENS: LSD, magic mushrooms. Ecstasy and cannabis can also have hallucinogenic properties.</p> <p>EFFECTS: causes altered sensory experiences that distort perception and coordination.</p>	<p>Effect on the driver:</p> <ul style="list-style-type: none"> • distorts driver's visual perceptions • driver has difficulty judging distances • decreases ability to coordinate the appropriate reaction when driving 	<ul style="list-style-type: none"> • A depressant combined with another depressant drastically slows reaction time and distorts driver's perception. <p><i>Polydrug driving greatly increases your chances of having a crash!</i></p>