METH HELPLINE 1800 874 878

For **anyone** concerned about their own or another person's meth use.

Confidential. Anonymous. Professional. Free counselling & support.

Call us 24 hours a day on **1800 874 878**

alcoholdrugsupport@mhc.wa.gov.au alcoholdrugsupport.mhc.wa.gov.au



Government of Western Australia
Mental Health Commission

PROFESSIONAL HELP IS JUST A PHONE CALL AWAY.

The Meth Helpline offers free, professional drug counselling and support.

Our counsellors can:

- · Provide information about meth
- · Listen to what is going on for you
- · Provide emotional support
- · Discuss treatment options
- Refer you to local services that can provide ongoing support.

We can also provide:

- Interim support to people waiting for face to face counselling
- A free ongoing call back service to isolated people
- Support to health professionals working with people impacted by meth use.

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